



The Steven A. Cohen  
Military Family Clinic  
at Endeavors

## HISTORY AND MISSION

Endeavors® was founded in 1969, when five Presbyterian churches in San Antonio, Texas joined together to provide critically needed social welfare services to their rapidly growing community. Today, as a large, faith-based nonprofit organization, Endeavors honors its founder's intent by fulfilling its mission of passionately serving vulnerable people in crisis through an innovative, personalized approach that encourages growth by supporting people to build better lives for themselves, their families and their communities.

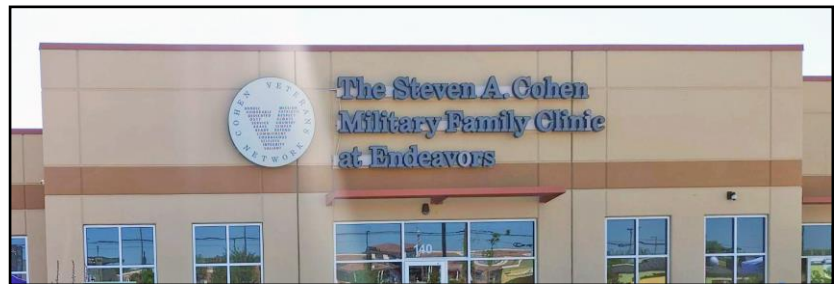


With programs focusing on **behavioral health care, disaster relief, emergency sheltering, rapid re-housing, financial support, and case management to Veterans, Migrants, Disaster Victims, and Special Populations**, Endeavors is committed to the belief that everyone has the capacity to grow, heal, change, succeed and affect others positively.

## THE PARTNERSHIP WITH COHEN VETERANS NETWORK

Cohen Veterans Network (CVN), a not-for-profit philanthropic organization funded by the Steven and Alexandra Cohen Foundation, partnered with Endeavors to launch three Cohen Clinics in Texas,

including The Steven A. Cohen Military Family Clinic at Endeavors, El Paso. **In partnering with CVN, Endeavors joined a national, clinically integrated system of mental health clinics located in high-need communities, delivering holistic evidence-based mental health care to post-9/11 Veterans, active-duty service members, and military families.** Motivated by a desire to enhance their core mission and values, Endeavors saw this partnership as an opportunity to expand their Veterans' services via significantly needed mental health resources to create a comprehensive model of care.



At the Cohen Clinics at Endeavors, services are available regardless of ability to pay, discharge status, role in uniform or combat experience to all post-9/11 Veterans including those from the National Guard and Reserves, active-duty service members with a TRICARE referral, and military family members. Credentialed staff trained to work with military populations provide high-quality, confidential, culturally competent and customized therapy for a variety of mental health concerns including:



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- Post-Traumatic Stress Disorder
- Depression
- Transition challenges
- Anxiety
- Sleep problems
- Adolescent behavioral issues
- Relationship and family stress
- Anger

The Cohen Clinic at Endeavors, El Paso, is in its fourth year of operation, and has served over 1,834 clients, including 770+ Veterans, with in-person and virtual high-quality, accessible and integrated mental health care.

### LOOKING TOWARD THE FUTURE

There is a well-documented Veterans mental health crisis in the United States, and the ongoing global pandemic has only exacerbated the challenges, access to care and stressors that Veterans, military service members, and their families are facing. Many Veterans and military family members are not eligible for care offered through the U.S. Department of Veterans Affairs (VA), government and civilian providers are often difficult to access and inadequately equipped to meet the unique needs of this population. Fears about potential negative consequences for seeking mental health treatment among active-duty service members and their families can be an additional barrier.

Since opening its doors in 2017, the Cohen Clinic at Endeavors, El Paso has experienced a steady demand for its services and has come to be viewed as the subject matter experts in Veteran and military behavioral health in the El Paso community. Endeavors identified key gaps in resources available to this population, and responded by making additional, complimentary services, such as medication management and life-skills programming for its clients and the community. These resources help support the Cohen Clinic’s mission and ensure that Veterans, military members, and their families in El Paso have access to the best and most comprehensive care available. Endeavors anticipates that the demand for the clinic’s mental health counseling services and additional support resources will continue to grow.

As part of the partnership, CVN provides the funds needed to launch each Cohen Clinic, as well as partial ongoing operational funding. However, investment from the community is needed to augment CVN’s funding and sustain the clinic into the future. Thus, Endeavors is assessing the possibility of raising \$6 million. Funding will be used to support and sustain the vital lifesaving and life-altering work of the Cohen Clinic at Endeavors, El Paso which will also allow the clinic to continue providing exemplary and accessible mental health care, case management, medication management, and life-skills services to Veterans, active-duty service members, and their families.